

# When is sick too sick for school?

*Regular attendance is important for your child's well-being and learning. These tips can help you decide when to keep your child home when they don't feel well.*



## Send Me to School if...



- I have a runny nose or just a little cough, but no other symptoms.
- I have **NOT** had a fever overnight and have **NOT** taken fever reducing medicine during that time (Tylenol - Acetaminophen or Advil - Ibuprofen).
- I have a mild stomach ache.
- I have not thrown up overnight AND can eat solid foods without throwing up.
- I have a mild rash and no other symptoms.
- I have eyelid redness with clear eye drainage **WITHOUT** a fever.

## Keep Me Home if...



- I have a temperature of 100.0 or higher.
- I have thrown up in the past 24 hours, unless caused by a known non-contagious condition.
- I have had diarrhea in the past 24 hours, loose watery stool and may not make it to the bathroom in time.

## Keep Me Home and Consider Medical Care if...



- I have a temperature higher than 100.0 **AND ANY OF THE FOLLOWING:** ear pain, sore throat, rash, stomachache, headache, or tooth pain.
  - I have stomach pain **AND** a fever, I have bloody or black stool, or I am dehydrated (tired and sleepy, dry mouth) and/or have not urinated in the last 8 hours.
  - I have a persistent cough, coughing fits, trouble breathing, or have a fever with the cough.
  - I have eye swelling, eye drainage that is green or yellow, eye pain or an eye injury.
  - I have a rash that has blisters, is draining, is painful, looks like bruises, not healing, and/or I have a fever with the rash.
- Please consult with your health care provider for when to return following surgery or hospital admission.